



CLIENT INFORMATION FORM

Full Name _____ Today's Date _____
Birth date _____ Address _____
City _____ State _____ Zip _____ Sex: M F Marital Status: M S D Sep
Phone _____ Spouse phone _____
Email Address _____ Spouse email (if in couples counseling) _____

Responsible Party Information if client is a child

Full Name _____ Relationship to Client _____ Birth date _____
Cell phone _____ Email address _____
Sex: M F Marital Status M S D Separated Employer _____

Referral Source

Who Referred You? _____

Presenting Problem

Reason for seeking therapy? _____
What do you hope to gain from therapy? _____

Medical History

Primary Care Physician _____
Please list any health concerns _____
Please list medications _____

Therapy History

Have you received therapy before? Name _____ When _____ How long _____
Have you ever seen a psychiatrist? Name _____
Are you currently seeing a psychiatrist? Name _____
Are you currently taking psychotropic medication? Please list _____

Emergency Contact

Name _____ Relationship to Client _____
Phone _____

Informed Consent

I have received a copy of, understand, & agree to the Service Agreement.
I consent to psychotherapy treatment with Center for Christian Therapy.

Signature _____ Date _____



Professional Service Agreement

Thank you for coming to us for therapy. We look forward to working with you to improve your life and your relationships. This agreement is to clarify the business aspects of our relationship, and to help our therapeutic relationship go smoothly.

Fees & Billing

- Therapy Sessions: Fee for a 50-minute therapy session is \$110. Payment is due at the beginning of each session by cash or check. Credit card payment is also available through PayPal, ask for details. Brief phone calls are included in the fee.
- Couples and Family Sessions: 60 minute sessions are \$125
- Phone Sessions: If you would like work on things with your therapist between sessions, we will try to be available to support you. We charge for \$35 for 20 minutes sessions.

Health Insurance Coverage

We prioritize our clinical work with our clients, therefore we do not bill insurances directly. You will be asked to pay out of pocket, but if you have an out of network mental health benefit, you can submit a form to them that you will receive monthly over email. Your insurance company will reimburse you for any covered costs.

Confidentiality

- The information you share with me will be kept confidential. I will ask you to *sign a release-of-information* form before I discuss your treatment, or send my records about you to anyone else.
- If you are involved in a divorce or other court proceedings, please do not sign a release form with your lawyer or custody evaluator. We want to offer you the best possible therapy and to do that we need to create a safe place for you to talk. Talking with a lawyer conflicts with that goal.
- Your confidentiality/privacy is protected by state law and by the rules of my profession, except in the following circumstances. The limits of confidentiality are:
 1. **If you were sent to me by a court or an employer** for evaluation or treatment, the court or employer expects a report from me. You have a right to tell me only what you are comfortable with telling.
 2. If you make a **serious threat to harm** yourself or another person, the law requires me to try to protect you or that other person.
 3. If I believe a **child, or a dependent adult, has been or will be abused or neglected**, I am legally required to report this to the authorities.
 4. If you send a **health insurance** claim form to your insurance for reimbursement, it will have a mental health diagnosis listed and it will become part of your permanent medical record.
 5. In order to provide you with the best treatment, I may **consult with other mental health professionals** about your case.

Text/Email/Skype

You may want to contact us via email or text or Skype. We are committed to take precautions to protect your privacy, however, we must advise you that we do not use an encrypted email/phone system and there is a risk of your confidentiality being compromised when using this kind of technology. If you would like to use text or email or Skype to communicate, please sign that you understand this risk, but you would like to use it anyway.

Signature

Cancellation Policy

If you are unable to make your scheduled appointment, please cancel at least 24 hrs. in advance. If notice is not given, I am still committed to working for you during the hour and you will be billed for the full session fee.

Assessment We try hard to match you with a therapist that is a good fit for you from the beginning, but there are occasions where we realize something in the first few sessions that precipitates the need for a referral.

Emergency Situation

If you or a family member have an emotional or behavioral crisis call the University of Utah Neuropsychiatric Institute at 801-583-2500, or call 911, or go to the nearest emergency room.

I understand, and agree to, the policies as stated above, and I give consent for treatment with Center for Christian Therapy.

Client's Name

Date

Client's (or Responsible Party's) Signature

Relationship to Client

Date